

# 413Therapy Gives Back

We are very excited to launch 413Therapy gives Back to support our community and local causes!

Starting December 1st we are going to donate monthly to a different charity, cause, or local drive!

We would love to hear suggestions from our community on who we should support next! Below

is a list of pre-approved organizations, updated periodically, so you can see new additions! Make sure to follow our social media and stay updated on

new information! Plus, each month will be dedicated to the chosen charity/cause and we will be posting fun tid bits and spreading awareness about them. On the 1st of every month we will announce the cause selected for the month!



For our first month, December, we will be donating toys to Shriners Children's Hospital toy drive! We are very excited to support this incredible organization and hope you stay tuned to see all the fun toys we are able to gift to the brave children at Shriners.



**CHARITY NAVIGATOR**  
Your Guide To Intelligent Giving

Updates will be monthly on new charities or causes, or holiday related ideas to our socials and website.

If you do not know or recognize a cause/charity, they are all easily found online, or using

[charitynavigator.org](http://charitynavigator.org) you can see how successful they have been given back to society.



**Approved Charities, Causes, Local Drives or Organizations**

Chose from our approved list below, or submit to our admin one you would like to add to the list!

<ul style="list-style-type: none"> <li>• Open Pantry Community Services Inc. Springfield</li> <li>• Food Distribution Center- Friends of the Homeless Springfield</li> <li>• Friends of the Homeless, Springfield</li> <li>• Rescue Mission Homeless Shelter, Springfield</li> <li>• Dress For Success, Springfield</li> <li>• Shriners Hospital For Children</li> <li>• Gasoline Alley Foundation, Springfield</li> <li>• Big Y, Stop N Shop Food Donations</li> <li>• St. Jude Hospital</li> <li>• Griffins Friends Children's Cancer Fund</li> <li>• Westfield Food Pantry</li> <li>• <a href="#">350.org</a> Environmental Conservation, Boston</li> <li>• National Brain Tumor Society, Newton</li> <li>• Massachusetts Down Syndrome Congress, Burlington</li> <li>• Planned Parent Hood</li> <li>• The Boston House, Children Cancer Family Support, Brookline</li> <li>• Breast Cancer Alliance, Connecticut</li> <li>• <a href="#">BreastCancer.org</a></li> <li>• Casting For Recovery</li> <li>• Habitat For Humanity</li> </ul>	<ul style="list-style-type: none"> <li>• Toys For Tots</li> <li>• National Pediatric Cancer Foundation</li> <li>• The Sunshine Kids Foundation</li> <li>• Animal Humane Society</li> <li>• Westfield, Springfield, Longmeadow Animal Shelter</li> <li>• Family Promise- Family Homlessness</li> <li>• March of Dimes- Premature Babies</li> <li>• A Chance in Life- Under Privileged Youth</li> <li>• Crisis Aid International</li> <li>• <a href="#">WomenForWomen.org</a> Violence against women</li> <li>• Doctors Without Borders</li> <li>• American Cancer Society</li> <li>• Abby's House- Women and Children Safe House, Worcester</li> <li>• ALS Therapy Development, Watertown</li> <li>• Boston, Western Mass or Worcester Museum</li> <li>• Boys and Girls Clubs</li> <li>• Center For Teen Empowerment</li> <li>• FSHD Society</li> <li>• GreenLight Fund, Boston</li> <li>• Homes for Our Troops</li> <li>• Mustard Seed Communities</li> </ul>
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